

ANAYANSI

Professeure de piano

PROFESSIONAL SUMMARY

Dynamic Music Therapist and educator with a proven track record at CIUSS Du Centre-Sud De L'Île De Montreal, enhancing patient and student outcomes through adaptive music instruction and multicultural competence. Excelled in fostering emotional expression and confidence, achieving continuous improvement in therapeutic and educational settings. Skilled in instrumental proficiency and adaptability, consistently delivering high-quality, engaging performances and lessons.

SKILLS

Continuous Improvement
Multicultural Competence
Music Improvisation

Instrumental Proficiency
Adaptive Music Instruction
Adaptability and Flexibility

WORK HISTORY

Music Therapist • *CIUSS Du Centre -Sud De L'Île De Montreal*

Montreal, QC • September 2021 to Current

- Evaluated patient progress regularly, adjusting treatment methods to optimize therapeutic outcomes.
- Enhanced patient well-being by designing and implementing individualized music therapy treatment plans.
- Developed strong rapport with patients, fostering trust and open communication during therapy sessions.
- Improved patients' emotional expression through tailored musical interventions and activities.
- Facilitated group music therapy sessions to promote social interaction and support among participants.

Piano Teacher • *École de musique Suzie Auclair*

Montréal, QC • January 2020 to Current

- Boosted student confidence in their abilities through consistent positive reinforcement and encouragement.
- Introduced students to appropriate hand positioning, finger transitions and pedal use.
- Communicated with parents regarding upcoming events and student progress.
- Developed lesson plans, selected course materials and prepared assignments.
- Provided constructive feedback on technique, expression, posture, rhythm-reading skills during weekly private lessons.
- Successfully prepared students for recitals, auditions, and competitions by implementing effective practice strategies.

Piano Teacher • *Self-Employed*

Montreal, QC • August 2004 to Current

- Boosted student confidence in their abilities through consistent positive reinforcement and encouragement.
- Introduced students to appropriate hand positioning, finger transitions and pedal use.
- Communicated with parents regarding upcoming events and student progress.
- Developed lesson plans, selected course materials and prepared assignments.
- Provided constructive feedback on technique, expression, posture, rhythm-reading skills during weekly private lessons.
- Developed personalized curriculum for each student to cater to their unique learning styles and needs.

Piano Accompanist • *AMEEC Asociación De Mujeres Españolas Emigrantes*

Montreal, QC • May 2018 to February 2020

- Handled requests for specific musical selections.
- Increased audience engagement by delivering expressive performances that captured the emotional intent of each piece.
- Expanded personal repertoire by continuously studying new music and attending workshops on accompaniment techniques and styles.

Piano Accompanist • *Concordia University*

Montreal, QC • January 2019 to January 2020

- Handled requests for specific musical selections.
- Increased audience engagement by delivering expressive performances that captured the emotional intent of each piece.
- Expanded personal repertoire by continuously studying new music and attending workshops on accompaniment techniques and styles.
- Received positive feedback from conductors and musicians alike for consistent professionalism and high-quality performances.

Music Director • *Camp Melody*

Montreal, QC (Concordia University) • May 2019 to August 2019

- Developed musicians' skills through focused rehearsals, ensuring high-quality performances.
- Built strong relationships within the community by organizing outreach programs and educational workshops.
- Enhanced concert performances by selecting diverse and engaging musical pieces.

Teacher (group Classes for Kids) • *Les Petites Menestrels*

Montreal, QC • September 2014 to May 2017

- Managed classroom behavior effectively by establishing clear expectations, modeling appropriate conduct, and consistently enforcing established rules and consequences.
- Assisted in creating a safe and nurturing classroom environment that promoted emotional well-being and academic growth for all students.
- Enhanced classroom engagement through the use of interactive teaching methods, such as group projects and hands-on activities.

EDUCATION

Master of Arts - Music Therapy • *Concordia University*

Montreal, QC • Expected in December 2024

- Thesis Paper: The Use of Music Therapy to Address Music Performance Anxiety (MPA)

Graduate Diploma - Music Therapy • *Concordia University*

Montreal, QC • July 2021

- Recipient of Excellence Award, 2021

Bachelor of Arts - Music • *Concordia University*

Montreal, QC • June 2020

- Graduation with Distinction, 2020

Collegial II - Piano Performance, Theory And Ear Training • *Schulich Conservatory of Music*

(*McGill Conservator*)

Montreal, QC • June 2012

- Graduation with High Distinction, 2012

Bachelor of Science - Psychology • *Concordia University*
Montreal, QC • June 2000

LANGUAGES

English

Full Professional

French

Full Professional

Spanish

Native or Bilingual